

**Patient information questionnaire**

Please complete the following questionnaire to assist your Optometrist in preparing for your examination. Please circle options that apply.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Insurance Type: Blue Cross                      Green Shield                      AISH                      Other

What brings you in for an eye exam today?

*Routine health assessment      Blurred distance vision      Interested in new glasses*

*Interest in contact lenses      Blurred near vision      Broken/lost glasses*

Other: \_\_\_\_\_

What type of work do you do? \_\_\_\_\_

Hobbies/Activities? \_\_\_\_\_

**GLASSES**

Do you wear glasses? *Y or N*                      Do you wear sunglasses? *Y or N*

When do you wear your glasses? *Full time, Distance, Reading,* \_\_\_\_\_

Type of glasses? *Single vision, Progressive, Bifocal, Trifocal, Readers, Office, Safety, Sunglasses, Transitions*

**CONTACT LENSES**

Do you wear contact lenses? *Y or N*                      How many days/week? \_\_\_\_\_

Replacement Frequency? \_\_\_\_\_                      Average hours/day? \_\_\_\_\_

Type of Solution? \_\_\_\_\_                      Brand of lenses? \_\_\_\_\_

**MEDICAL HISTORY**

When was your last eye exam? \_\_\_\_\_                      Family doctor? \_\_\_\_\_

Previous eye surgery or problems:                      List all medical conditions:

*Cataracts, Macular degeneration                      Diabetes type \_\_, High blood pressure,*  
*Glaucoma, lazy eye, Retinal detachment                      Cholesterol, Stroke, Arthritis, Cancer*

\_\_\_\_\_

\_\_\_\_\_

List Medications (or present to Optometrist): \_\_\_\_\_

\_\_\_\_\_

Allergies? *Y or N* \_\_\_\_\_

Do you smoke? *Y or N*                      If so how often? \_\_\_\_\_

Family history of eye problems? *Cataracts, Glaucoma, Macular Degeneration*

\_\_\_\_\_

*Please continue on the other side.*

## Dry Eye Questionnaire

Circle any of the below symptoms that you experience on a regular basis:

*Red eyes*

*Itching*

*Sand or Gritty feeling*

*Watery Eyes*

*Constant tearing*

*Tired eyes*

*Decreased contact lens tolerance*

*Dry throat or mouth*

*Burning*

*Foreign body sensation*

*Light sensitivity*

*Occasional tearing*

*Pain or soreness in or around the eyes*

*Contact lens discomfort*

*Seasonal allergies*

*Arthritis/Joint pain*

Have you tried any drops for relief? *Y or N* What type? \_\_\_\_\_

How much water do you consume in an average day? \_\_\_\_\_

How much caffeine do you consume in a day? \_\_\_\_\_

Do you take omega 3 supplements? *Y or N* How much? \_\_\_\_\_/day

Would you be interested in answering an emailed survey about your experiences with Innisfail Eyecare Centre? *Y or N*



We protect your most precious sense;  
**Your Sight,**  
with knowledge, dedication, and  
compassion.